

## NATIONAL CADET CORPS (NCC-ARMY)

1. 70 Cadets performed yoga postures on behalf of “World Yoga Day” – at their own home on 21.06.2021.
2. SUO. S.Vetrivel, CUO.R.Meena,CPL.M.Mariyappan, Cdt.B.Ulaganathan and Cdt.Utchimagali attended firing section practice at John’s College, Palayamkottai, Tirunelveli on 25.08.2021.
3. SUO. S.Vetrivel, and CUO.R.Meena, attended firing selction practice at John’s College, Palayamkottai, Tirunelveli on 26.08.2021.
4. 13 Cadets attended RDC selction practice at John’s College, Palayamkottai, Tirunelveli From 13.09.2021 to 15.09.2021.
5. Independence Day was celebrated at the College premises on 15.08.2021. Dr.A.Subramanian, Principal hoisted the flag and presided over the program. Lt.Dr.P.SenthilKumar gave the Welcome address, Prof.Dr.J.Karthikeyan, NSS Programme Officer gave the Vote of Thanks and Prof,Dr.C.Anitha, hosted the program.



6. CUO R.Meena attended the Inter Group Shooting Competition TN P & AN at NCC GPHQ Puducherry from 01.09.2021 to 09.09.2021.
7. SUO.S.Vetrivel and Cdt. Sivabalan attended RDC-IUC Camp at NCC Training Academy, Idayapatti, Madurai from 23.09.2021 to 02.10.2021.
8. 12 Cadets of our College participated in the Social Harmony event which was organised by the 5(TN) Battalion NCC, Palayamkottai, Tirunelveli on 10-10-2021. As a part of the celebration, Debate, Poem, Essay writing and Drawing competitions were conducted. One among the 12 Cadets CUO.R.Meena got I Prize in poem competition. Lt.Dr.P.Senthilkumar, accompanied the cadets and also acted as judge for the Debate competitions.



9. **CQMS.S.Bala Shanmuga Sundaram** participated in All India SD Trekking Expedition AP Trek-I(2021) at Tirupati from 12.11.2021 to 19.11.2021
10. NCC Unit of our College collected the fund for Flag Day on 07-12-2021. Fund collected from Staff, Students and public. In this event Lt.Dr.P.Senthilkumar, NCC Officer and 45 cadets collected the funds and handed over the collected money to the Collector office, Tirunelveli.







11. Obituary was held to the first CDS General Bipin Rawat on 09-12-2021 by our NCC Unit. Principal, Staff , NCC Officer and all the Cadets have participated in this event.



12. 22 cadets attended 5days Annual Training Camp at John's School Palayamkottai, Tirunelveli, from 23.12.2021 to 27.12.2021.
13. Lt.Dr.P.Senthilkumar, accompanied with 22 cadets attended 7days Annual Training Camp at John's School Palayamkottai, Tirunelveli, from 28.12.2021 to 03.01.2022.



14. Republic Day was celebrated at the College premises on 26.01.2022. Dr.A.Subramanian, Principal presided over the program. Lt.Dr.P.SenthilKumar gave the Welcome address, Prof.Dr.J.Karthikeyan, NSS Programme Officer gave the Vote of Thanks and Prof,Dr.C.Anitha, hosted the program.







15. Lt.Dr.P.Senthilkumar, accompanied with 20 cadets participated Rally on Plastic Awareness at John's College Palayamkottai, Tirunelveli, organized by 5( TN) Battalion NCC Palayamkottai, Tirunelveli, on 03.03.2022.



16. 43 Cadets attended Weapon Training at John's College Palayamkottai, Tirunelveli, organized by 5(TN) Battalion NCC Palayamkottai, Tirunelveli, on 11.03.2022.
17. NCC Unit of our College assisted the Nellai Book fair from 17.03.2022 to 19.03.2022. In this event Lt.Dr.P.Senthilkumar, NCC Officer and 21 of our NCC Cadets have served as the volunteers.



18. 21 II-year NCC Cadets attended the 'B' Certificate Examination on 19.03.2021 and 20.03.2022 at John's College, Palayamkottai, Tirunelveli.
19. 29 III year NCC Cadets attended the 'C' Certificate Examination on 02.04.2022 and 03.04.2022 at Sarah Tecker College, Tirunelveli..
20. National Cadet Corps (NCC) and National Service Scheme (NSS) were jointly organised awareness rally on "Yoga day" on 06.05.2022. Dr.A.Subramanian Principal inaugurated the rally. In spite of this Dr.P. Sekar, Vice Principal, Dr.A.Sivagurunathan,UGC Coordinator, Dr.G.Poornachandran, Senior Professor, Lt.Dr. P.Senthil Kumar, NCC officer Dr.S.Paramasivan Dr. D.Silambarasan Dr.V.Selvam, Dr.R.Ilakkuvan, NSS Officers and nearly 124 NCC Cadets and NSS volunteers have actively participated in the rally.

The rally was started from the college campus and reached to Sentamil Nagar. After made the awareness on "Yoga" with slogans and demonstrations the rally return to the college from Sentamil Nagar.





21. 29 Cadets attended the “Anti Tobacco Rally- conducted by Department of Public Health and Immunization on 31.05.2022.



## HORP REPORT JUNE 2021 TO MAY 2022

1. On 14.6.21 During covid pandemic ,orphan people,street beggar people and unsupported people were taken and shelter under Kallani school by R.SOYA Trust..During this time some help was done by HORP united with seed foundation and issued some necessary things like mask, sanitizer, glouse, tooth paste ,soap,Tea powder ,oil, ,kabasuba kudineer are issued to the unsupported people.’



2.On.27.9.21 As per direction of Tirunelveli District collector Vishnu IAS ,the tour was arranged for corporation old age home people on 27-09-2021 worlds tourism day . The M D T Hindu College HORP Co- ordinator and students took them to the Krishnapuram temple known for sculptures and architectures , They relaxed and enjoyed the tour by taking photos and lunch in nearby hotel . This visit makes them memorable and are a outlet for mental relief.



3.On 8.11.21 Attended the meeting on “Support children in their language skills while teaching various dimensions of reading and learning”organized by Tirunelveli collector.





4 . On 8.11.21 Donate Kitchen Table to the old age home make use of their cooking purpose.It was sponsored by myself and Dr .P.Velmani madam.

5.On 17.3.22 Six students were attended one day workshop on cryons art in the Nellai book fair festival conducted by Government Museum in Tirunelveli .



6.From 17.3.22 to 27.3.22 Ten days Nellai book fair festival conducted by Tirunelveli corporation . In this festival 10 HORP Students were participated in the continus book reading for 24 hours and also participated in the various workshop organized by Government Museum Tirunelveli.



7. On 21.4.22 Three students were attended in the skill development program for Banana fibre art and crafts making class conducted by Government Museum Tirunelveli and JCI Tirunelveli Tycoons.

8.On 22.4.22 20 HORP students have attended the workshop on the topic “Garden making with Native plants” in district science centre Tirunelveli.



9. On 29.4.22 one day awareness programme was conducted at old age home place. Students spent their time with old people and make them happy. Students learnt how to take care of old people. we donate fan , Biscuits ,Cakes to them.



10. On 31.5.22 To give awareness about education and their importance to the gypsy area student in the pettai gypsy colony and issue some dresses to them.





# THE MADURAI DIRAVIYAM THAYUMANAVAR HINDU COLLEGE TIRUNELVELI – 627 010



*Re-accredited with B+ Grade (3<sup>rd</sup> Cycle by NAAC)*  
(Affiliated to Manonmaniam Sundaranar University)



## YOUTH RED CROSS

### YOUTH RED CROSS ACTIVITIES REPORT-2021-2022

#### **Event- 01 : DRUG ABUSE AWARENESS PROGRAMME-1 /11.10.2021**

As per the direction and order received from the Tirunelveli Directorate of Collegiate Education and District Collector, Drug and Alcohol awareness programme was organized by MDT Y.R.C. and N.S.S. units. Alcohol Prohibition Division Police Inspector of Tirunelveli district gave special address. She pointed out the cases she handled regarding the use of drug and alcohol. She pointed out that young students frequently begin to experiment with alcohol, tobacco and other drugs which are the significant barriers to the achievement of educational objectives. The programme was ended with a vote of thanks given by Dr. S. Ramalakshmi, Assistant Professor of Tamil.



#### **Event- 02 : DRAWING COMPETITION ON DRUG ABUSE / 12.10.2021**

With the aim of inculcating the impacts of alcohol and drug consumption among students, Drawing and poster competition was conducted by Y.R.C. on 12.10.2021. 42 Students participated in the competition from various departments. Dr. R. Johnson Victor Babu, Dr. P. Velmani and Dr. K. Subramonian judged the presentation by the students and announced the prizes. The following are the details of Prize winners.

S. No.	Prize	DRAWING COMPETITION		POSTER PRESENTATION	
		Name of the Student	Department	Name of the Student	Department
1.	I Prize	K. Subalakshmi	I B.Sc. Zoology	V. Santhana Selvi	III B.Sc. Maths
2.	II Prize	S. Bharathi	III B.Sc. Chemistry	M. Anushya	III B.Sc. Maths
3.	III Prize	M. Thasleema Banu	I M.Sc. Physics	P.Petchiammal Priya	II B.Sc. Computer Science
4.	III Prize	S. Baby	III B.Sc. Zoology		





### **Event- 03 : ALCOHOL AWARENESS PROGRAMME-1 / 18.10.2021**

Drug and alcohol abuse mainly affect the youth at earlier age and so awareness on the effect of these alcohol consumption is needed for the students. So, in order to create consciousness about the ill effects of consuming alcohol a Programme was organized by MDT YRC on 18.10.2021. Welcome address was given by the Y.R.C Programme Officer Dr. C. Anitha, Mr. K. Ramakrishnan who is running a De-addiction centre at Madurai gave special address on the ill effects on consuming alcohol. He reminded that not only the individual is affected but also the whole family is affected by this habit. He insisted to follow some yoga practices regularly to get fit with the physical aspects. The programme was ended with the vote of thanks given by Dr. R. Illakuvan, N.S.S. Programme Officer of Unit No.38.

**THE MADURAI DIRAVIYAM THAYUMANAVAR HINDU COLLEGE**  
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**A SESSION ON ALCOHOL AWARENESS**

**Date: 18.10.2021**  
**Time: 11.00 a.m**

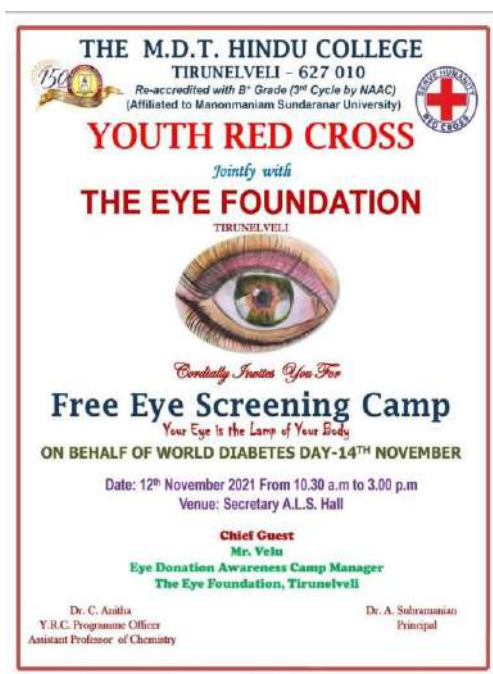
**Invited Speaker**  
**Mr. K. RAMAKRISHNAN**  
 FOUNDER & MANAGING DIRECTOR  
 GRATITUDE HOSPITAL  
 Psychological & Psychiatric De-Addiction Centre  
 MADURAI

**Co-ordination Committee**

<b>Dr. K. BalaSubramanian</b> IQAC Co-ordinator	<b>Dr. A. Subramanian</b> Principal
<b>Dr. A. Ranthir Kumar</b> Assistant Professor of Tamil Youth Welfare Co-ordinator	<b>Dr. R. Ilakuvan</b> Assistant Professor of Tamil N.S.S. Programme Officer Unit No. 38
<b>Dr. C. Anitha</b> Assistant Professor of Chemistry Y.R.C. Programme Officer	<b>Dr. S. Ramalakshmi</b> Assistant Professor of Tamil

#### **Event- 04 : FREE EYE SCREENING CAMP / 12.11.2021**

Covid-19 pandemic has profoundly affected all the societies in the world, especially eye fatigue increases as the result of online education which deteriorate eye health of Students and Faculties. With the aim of promoting eye health care and on behalf of World Diabetes Day, a Free Eye Screening Camp was arranged by Y.R.C. jointly with The Eye Foundation, Tirunelveli on 12.11.2021. The camp was started by 11 a.m after the inaugural session. Two renowned Ophthalmologists and 3 eye specialists from the Eye Foundation rendered their services; The eye camp was well equipped with all the necessary gears for examining the eye. Totally 120 people who includes students, faculties and non-teaching staffs get benefited by this camp. Y.R.C. Student volunteers dedicated their services and made the programme a grand success.



#### **Event- 05 : ALCOHOL AWARENESS PROGRAMME-2 / 03.03.2022**

World Health Organization identified adolescents age group of are as a high-risk group for alcohol related harm, including injuries, falls or violence. So, it is important to reduce adolescents' alcohol use and the students must have the knowledge on effects of consuming alcohol which can be explained in a better way by a Doctor. So, this awareness programme was headed by E.S.I Hospital Chief Medical Officer, Doctor Seenivasan. He listed out the ill effects of consuming alcohol and drugs and the way how each parts of the body gets affected by this habit. The Session was initiated by a welcome address by our Principal Dr. A. Subramanian and ended by the vote of thanks by Dr. V. Selvam, N.S.S. Programme Officer of Unit No:154.





#### **Event- 06 : DRUG CULTURE ABOLITION-DRAWING COMPETITION / 04.03.2022**

Youth Red Cross of M.D.T. organized a Drawing Competition on the Topic “ A Way toward Drug Culture Abolition” on 04.03.2022 from 11.00 a.m to 1.00 p.m. at college library. 50 students from various department participated in the competition. Dr. D. Guruvammal, Assistant Professor of Physics and Dr. S. Loghambal, Assistant Professor of Mathematics judged the students Presentation.



#### **Event- 07 : Y.R.C. Volunteers in Tirunelveli Car Festival / 19.03.2022**

In order to assist the public and police department Y.R.C. Volunteers of M.D.T. assembled in the premises of Alagia Mannar Rajagopalaswamy Temple, Palayamkottai by 7.30 a.m. Students cleaned the temple premises and removed the plastic wastes from there. Students voluntarily involved in assembling the public in a line to start the car festival there. Students also actively participated in roping the car. The car festival was ended by 1.30 p.m. The trust arranged for breakfast and lunch for all the volunteers. The following are the Y.R.C. volunteers involved in the car festival.

### **Event- 08 : ROAD SAFETY AWARENESS PROGRAMME / 23.03.2022**

Road safety is a safety measure to reduce the risk of road accidents and road side injury because of the mistakes of people while driving on the road. Everyone needs to be well aware of the road traffic rules especially students who are at significant road accidents risks.

In the above said aspect, A Road Safety Awareness Programme was organized by Y.R.C. and N.S.S. Units of M.D.T on 23.03.2022 to impart traffic road safety information to the students. Principal Dr. A. Subramanian welcomed the gatherings. Tirunelveli District Road Transport Officer delivered a special lecture, in which he taught the road signs and the importance of proper traffic behavior like using sidewalks, usage of helmets, not to drive after consuming alcohol or drugs, be licensed and trained for the vehicle which we drive and not to use mobile phone while driving. The programme was winded up with the vote of thanks by Dr. D. Silambarasan, N.S.S. Programme Officer of Unit No:36.





#### **Event- 09 : A LEGAL AWARENESS PROGRAMME ON PERMANENT LOK ADALATH / 04.04.2022**

Students of these days are so deeply indulged in their academics and focused in making their careers that they often forget the importance of legal awareness in their lives. This legal aid program was arranged by Y.R.C. on 04.04.2022 to bring self-awareness on rights of legal conscience among the students. Principal Dr. A. Subramanian welcomed the gatherings, Ms. S. Sameena, District Judge of Permanent Lok Adalat, Tirunelveli explained the legal rights available for the public. She also discussed the constitutional safeguards and educational rights available to the common people. Pamphlet was distributed to the students regarding basic ideas of Lok Adalat. The programme was ended with vote of thanks by Dr. C. Anitha, Y.R.C. Programme Officer.

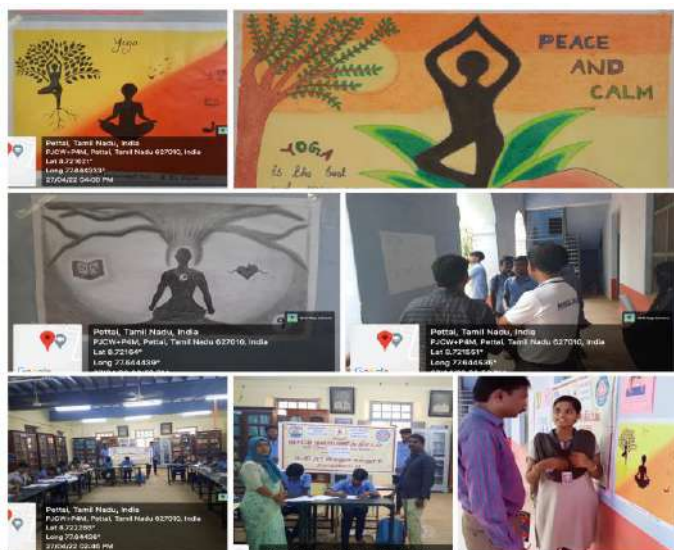


#### **Event- 10 : TREES PLANTATION IN COLLEGE CAMPUS / 08.04.2022**

Trees beautify our surroundings, produce oxygen, absorb pollutants, regulate temperature and prevent soil erosion. The aim of this programme is to inculcate awareness among the students about the importance of the environment and the trees. The Y.R.C. unit along with N.S.S. units of the M.D.T. cleaned the campus and planted tree samplings on 8<sup>th</sup> April 2022. The student volunteers planted neem trees and watered the samplings near by the temple and the chemistry department.

### **Event- 11 : COMPETITIONS ON YOGA / 27.04.2022**

International Day Of Yoga (IDY 2022) is celebrated every year on 21<sup>st</sup> June. As per the communication received from UGC, various activities of IDY has been planned to spread the benefits of yoga to the students. Drawing Competition was organized by Y.R.C. wing of The M.D.T. Hindu College on the topic “*Arokyam Tharum Yoga*” on **27<sup>th</sup> April 2022 at Library Upstairs Seminar Hall from 2.00 p.m to 4.00 p.m.** 48 students participated in the competition. Dr. N. Arumugasamy, Assistant Professor of Physics and Dr. J. Karthikeyan, Assistant Professor of Physical Education Judged the Posters and Drawings of the students.



### **Event- 12 : LECTURE ON YOGA / 20.05.2022**

Yoga day is celebrated among the youth to make them understand the importance of Yoga in their life. It helps the students to understand how to maintain harmony between body and mind. A lecture was organized by Y.R.C. and N.S.S. Units of M.D.T. to explain the importance of yoga on 20.05.2022.. Our Principal Dr. A. Subramaninian welcomed the gatherings and the chief guest Mr. S. Sababathi Sundaram explained the importance of Yoga in the life of youngsters. He explained the regular practice of yoga which will help the students to achieve better mental and physical health.



### Event- 13 : SEMINAR ON YOGA / 23.05.2022

A Seminar on “யோகம் மனித வாழ்வும்” was organized by Youth Red Cross and all the National Service Scheme Units on 23<sup>rd</sup> May 2022 at Library Upstairs Seminar Hall from 2.30 p.m to 4.00 p.m. Mr. S. Sakthi Eswara Moorthi, 45 Students get benefited from this programme. A Yoga trainer from Aruvuth Thirukkoil was invited as a chief guest. Dr. S. Paramasivan of Unit No.39. welcomed the gathering. Dr. A. Subramanian, Principal delivered the Presidential Address and motivated the participants. Chief Guest Mr. S. Sakthi Eswara Moorthi gave an inspiring speech on importance of yoga and the benefits of regular Practicing of Yoga.. The seminar was ended with a vote of thanks given by Dr. V. Selvam, Programme Office of Unit 154.



*Report Submitted by*

**Dr. C. Anitha**  
**Youth Red Cross Programme Officer**  
**Assistant Professor Of Chemistry**



**THE MDT HINDU COLLEGE, TIRUNELVELI-10**  
**NATIONAL SERVICE SCHEME REPORT -2021-2022**

The program officer details and activities done by the NSS units 26, 36, 38, 39, 40, 154 and 155 for the academic year 2021-2022 is presented in detail below.

<b>Program Officer</b>	<b>Unit Number</b>
Dr. R. Ponmani Subha Chellam (upto 01.11.2021) Dr. A.S.I. Joy Sinthiya (01.11.2021 onwards)	26
Dr. D. Silambarasan	36
Dr. R. Ilakkuvan	38
Dr. S. Paramasivan	39
D. J. Karthikeyan	40
Dr. V. Selvam	154
Dr. S. Pitchammal	155

**ACTIVITIES**

**Event 01-Young Warrior Movement Event-08.06.2021**

As per the direction of Manonmaniam Sundaranar University NSS Cell in the WhatsApp group, NSS volunteers of our College were participated in the #Young Warrior Movement activated by the Ministry of Youth affairs and Sports, CBSE, Yuwaah and UNICEF India and received the corresponding certificates.

**Event 02-Tokyo Olympic-Cheer for India Event-24.07.2021**

To motivate the athlete participants in the Tokyo Olympic 2021 competitions on behalf of India, NSS volunteers created cheer up stills and posted the same in the various WhatsApp group as per the instructions provided by the Manonmaniam Sundaranar University NSS Cell.

**Event 03-Independence Day Celebration-15.08.2021**

Independence day was celebrated at the college premises on 15.08.2021. Dr. A. Subramanian, Principal, presided over the program and delivered a special motivational talk to the students. Dr. P. Sekar, Dr. K. Balasubramanian, IQAC Co-ordinator, various Heads of the Department and faculties and non-teaching staffs were participated in the event. The program was organized jointly by NSS and NCC units of the College.



#### Event 04-Covid 19-Covaccination Camp-03.0.2021 & 04.09.2021

A two days' co-vaccination camp was conducted jointly by NSS units of the College and Pettai Urban Center at the college premises. Chief Doctor Mrs. Rani delivered an awareness talk among the students. Higher officials from government department visited the camp. Students and staffs were benefitted by the camp.



### **Event 05-Women's Equality Day Celebration-26.08.2021**

To create an awareness about Women's equality, NSS volunteers of our College created the online posters and designed various self-explaining creatures and published the same among the various WhatsApp community group.

### **Event 06-Clean India Movement-30.09.2021**

Government of India have initiated various online events to create awareness about clean India movement among the students across India. As per the instructions provided by NSS cell of Manonmaniam Sundaranar University, NSS volunteers of our College have registered their willingness to the participation by registering themselves.

### **Event 07-Poshan Ma-Balanced Diet Awareness Event-01.10.2021**

Anganvadi unit of Pettai, Tirunelveli and NSS units of our College jointly conducted an awareness program about balanced diet among the students' community. Dr. A. Subramanian, Principal, presided over the program. Mrs. Packiam Pushpa, Circle Head from the district office Manoor delivered a special talk on "Need for Nutrition" and discussed how to achieve the same. An affirmation about nutritional food habit was taken by the student participants in the program.





### Event 08-Central Vigilance Commission Pledge-29.10.2021

Central Vigilance Commission, Government of India have conducted an online webinar. In the program, honesty and integrity among the students' community was created. As a part of this event, the participants were asked to adopt the integrity pledge and commitment to uphold highest standards of honesty and integrity and to follow probity and the rule of law in all walks of life. The participants were received the participation certificates.

### Event 09-Plastic Pollution Awareness Events-23.10.2021, 08.11.2021-12.11.2021

To create the awareness about plastic pollution among the student community, NSS units of the College involved and conducted various events for the welfare of the students and human being. To start with, the volunteers were participated in the clean India campaign held at the river banks of District Collector's Office, Tirunelveli on 23.10.2021. The volunteers have collected the wasted plastics around the river banks. As a part of creating awareness about plastic pollution, various competitions such as online quiz, elocution, drawing, essay writing were conducted to the students of our College during 08.11.2021 to 12.11.2021. An awareness creation special talk was delivered by Mr. Pinto, Chief Engineer, Pollution control Department on 12.11.2021. On that day, students have displayed their drawings and the chief guest acted as the judge for selecting the drawings for prizes. More than 100 students were actively participated in the above stated various events.



#### **Event 10-Intergenerational Solidarity Webinar-17.11.2021**

NSS volunteers have attended the webinar conducted by NSS cell of Manonmaniam Sundaranar University on 17.11.2021. Initially, volunteers were registered for the webinar in the provided google form. In the webinar, family structure in India and its importance, intergenerational solidarity was explained in detail by the invited speakers.

#### **Event 11-National Constitution Day Celebration-Preamble-26.11.2021**

National constitution day was celebrated by taking preamble to constitution pledge on 26.11.2021 as intimated by NSS Cell of Manonmaniam Sundaranar University. NSS Volunteers have read the preamble and declared that they will abide by it. Ministry of Social Justice and Empowerment have organized this online event as a day of special occasion to foster and reinforce our commitment to preserve and strengthen Liberty, Equality, Fraternity of the individual of our nation. Electronic certificates were issued after completing the preamble reading. Electronic certificates were provided to the participants.

#### **Event 12-Drug Abuse Awareness Program-23.12.2021**

The College cultural forum and NSS units jointly organized an awareness drama about the dangerous effects of drug usage in human life. Mr. Vijayakumar, Assistant Inspector of Police, Town, Mr. Hariharan, Inspector of Police, Pettai, Mr. Elavarasan, Inspector of Police, Drug abuse Department, Pettai, Mrs. Muthulakshmi from Town Police department were delivered awareness speech among the students. Around 300 students were participated in the program.



### **Event 13-Career Awareness to Youths-24.12.2021**

Hindu Tamil Desai and Sivaraj IAS academy, NSS units of the College jointly organized an awareness program to the College students about their career. Dr. Sivasubramanian, Mr. Saravanan, Mr. Jeyalani, coordinators from Sivaraj IAS academy and Mr. Sathya Narayanan, Inspector, auditing department Mr. Paramasivan, Mr. Murugan from Hindu Tamil Desai daily were participated in the program. A test was conducted to the students intended to select and contributing for free coaching by the academy. Around 300 students were actively participated in the program.





#### **Event 14-Innovation Week Celebration-12.01.2022, 13.01.2022**

Ministry of Education, AICTE and Ministry of Commerce & Industry was organized national innovation week celebration during 12-13 January 2022 by virtual mode. In this connection, the inauguration of e-symposium on building innovation and entrepreneurial ecosystem in educational institutions was conducted. NSS volunteers of our College were actively participated in the event.

#### **Event 15-Republic Day Celebration-26.01.2022**

Republic day was celebrated at the college premises on 26.01.2021 following the COVID-19 due precautions. Dr. A. Subramanian, Principal presided over the program. Dr. P. Sekar, Vice-Principal, Dr. K. Balasubramanian, IQAC Coordinator were participated in the event. Dr. S. Paramasivan, Dr. R. Ilakkuvan, Dr. D. Silambarasan, Dr. J. Karthikeyan, Dr. V. Selvam, Dr. A.S.I Joy Sinthiya, Dr. S. Pitchammal, NSS Program Officers, Dr. P. Senthil Kumar, NCC Care taker

were made the arrangements for the event. Professors from aided and unaided stream were participated in the event. The students and NSS, NCC Volunteers were participated in the event.



### **Event 16-Voters Awareness Program-18.02.2022**

In order to encourage more young voters to take part in the political process NSS units of the College organized an awareness program to the students. Dr. A. Thiruneela kandan, Associate Professor of History delivered a special talk on “The origin and History of Politics” to the student participants. Around 100 students got benefited by the program.



### **Event 17-Temple Car Festival-19.03.2022**

Rajagopalaswamy temple car festival at Palayamkottai market area was held on 19.03.2022. A two-wheeled car was arranged for the function. NSS volunteers of the College have rendered their



help on various activities like, water filling, food serving, pulling the car, crowd management and got the blessing of almighty.



### **Event 18-Road Safety Awareness Program-22.03.2022**

An awareness program on road safety measurements was arranged by NSS units of the College on 23.03.2022. Mr. Chandrasekaran, Head, Regional Transport office, Tirunelveli delivered a special talk on road safety. Mr. Kumar, Inspector of Police, Transport branch, Tirunelveli and Mr. Nainar Mohammed, Trainer, City driving school shared their views and rules to be followed while travelling and driving on the road. Awareness pamphlets were issued to the participants.





### **Event 19-Martyr's Day Function-23.03.2022**

March 23 is observed to pay tribute to three extraordinary revolutionaries of India namely Bhagat Singh, Shivaram Rajaguru and Sukhdev Thapar who were hanged to death by the British. As a day of remembrance, NSS units of the College were organized a seminar on the College to the NSS volunteers. Dr. V. Gomathi Nayagam, Assistant Professor of Chemistry delivered a special address on why we observing Martyr's day.



### **Event 20-Awareness Program on Explosion and Bombing Devices-10.05.2022**

An awareness program on bomb threat, and explosion device identification was conducted to the students of the College on 10.05.2022. Mr. R. Paulraj, Head Inspector, Bomb squad and explosion department, Mr. Manicka Vasagam, Sub-Inspector delivered special talks on how to find small type bombs and explosive devices and safety measurements during bombing explosion. Mr. Vasantha raj, Mr. Senthil Kumar, Mr. Kaliappan, Head-Constables were also participated in the program. More than 200 students got benefited by the program.



### **Event 21-International Yoga Day Awareness Events-25.04.2022-21.06.2022**

In connection with International Yoga day 2022, Indian government declared the theme of the year 2022 as YOGA FOR WELL-BEING. As per the communication received from UGC, India various events were conducted by NSS, NCC, YRC and RRC forums of the College to the students to create awareness about the benefits of Yoga in human life. To start with, an online quiz was conducted by NSS Units during 25.04.2022 to 26.04.2022. A total number of 360 students were actively participated in the online quiz and received their participation certificates. A 15 days Yoga Training Program was organized by Department of Physical Education, Health Education and Sports & NSS Units from 25.04.2022 to 11.05.2022 at our college premises. About 65 students participated in the training program.



As a continuation, to emphasize the importance of the India's ancient tradition, the NSS Units and YRC jointly organized an Essay Writing Competition and Drawing Competition to the College students to explore their ideas on the topic "Arokyam Tharum Yoga" on 27.04.2022. 48 students were participated in the competition. Dr. S. Ramalakshmi, Assistant Professor of Tamil evaluated the Essays written by the students. Dr. N. Arumugasamy, Assistant Professor of Physics and Dr. J. Karthikeyan, Assistant Professor of Physical Education Judged the Posters and Drawings of the students. An Elocution competition in the title "Benefits of YOGA in modern era" was organized by NSS Units on 28.04.2022 at our college premises. About 15 students participated in the competition.





NCC and NSS forum were jointly organized an awareness rally about Yoga day on 06.05.2022. Dr.A.Subramanian Principal inaugurated the rally. Dr.P.Sekar, Vice Principal, Dr.A.Sivagurunathan, UGC Coordinator, Dr.G.Poornachandran, Senior Professor, Lt.Dr.P.Senthil Kumar, NCC officer Dr.S.Paramasivan Dr.D.Silambarasan Dr.V.Selvam, Dr.R.Ilakkuvan, NSS Officers and nearly 124 NCC Cadets and NSS volunteers have actively participated in the rally. The rally was started from the college campus and reached to Sentamil Nagar. After made the awareness on Yoga with slogans and demonstrations the rally returned to the college from Sentamil nagar.



“Yoga is the Journey of the Self, Through the self, to the self”—These words from Bhagavad Gita insist the importance of Yoga which is a great practice for both the body and the mind. A Seminar on “யோகாவும் மனித வாழ்வும்” was organized by the NSS units and Youth Red Cross on 23.05.2022. A Yoga trainer Mr. S. Sakthi Eswara Moorthi from Arivu Thirukkoil was invited as a chief guest. The chief guest gave an inspiring speech on importance of yoga and the benefits of regular practicing of Yoga. He gave many life time examples, as the yoga cures many diseases and makes the body and mind refreshing and active all the time. He insisted the students to join Yoga class. 50 Students got benefitted from this program. Lecture by an expert event was organized by NSS Units and YRC on 25.05.2022 at our college. The trainers Mr.S.Sabapathi Sundaram and Mrs.S.Valliammal of Heartfulness meditation center has given a talk about yoga and meditation. About 50 students participated in the program and benefitted.



On the day of Yoga, 21.06.2022 a mass demonstration practice was arranged by the district Collector's office at the VOC Ground. On behalf of our College, about 30 students were participated in the program. Dr.S.Pitchammal, NSS PO accompanied the students. Meanwhile, as a part of celebrating international Yoga day the College students were asked to come to the college to practice various postures of Yoga. A magazine was released by the Principal Dr.A.Subramanian about Yoga as a day of remembrance.





### **NSS CAMP**

NSS Units of our College conducted special camp as the partial fulfilment for the NSS volunteers at various places in Tirunelveli as per the order received by NSS cell of Manonmaniam Sundaranar University.

NSS Unit Number	Duration	Place
36, 39, 154	12.03.2022-18.03.2022	Naranammal Puram/ Arugan Kulam/ Thazhaiyuthu
26, 155	12.03.2022-18.03.2022	Reddiarpatti
38, 40	17.03.2022-23.03.2022	Thiruvengadanathapuram/ Meala Thiruvengadanathapuram